#### LISTED MEDICINE - AUST L 453865

# your **SEASONAL SHIELD**

# **30 Capsules**

Fortified with Echinacea, Vitamin C, and Eugenol, a powerful plant-sourced terpene, **your SEASONAL SHIELD** supports your immune system and help reduce the duration and symptoms of common colds and flus.



Boost your immune system and help reduce the duration and symptoms of colds & flus across the seasons. Combining the immune-enhancing properties of Echinacea and Vitamin C with the benefits of Magnesium Glycinate and the soothing effects of Eugenol, a powerful terpene, that promotes general health and wellbeing all year round.

- Maintain general health and wellbeing
- Relieve cold hands and feet
- Helps reduce occurrence of common colds
- Decrease common cold duration
- Reduce and relieve symptoms of common colds & flus
- Support immune system health



# Ingredients

#### Active Ingredients

Magnesium Glycinate 600mg Ascorbic Acid 25mg Echinacea Purpurea Flower and Leaf Extract 50mg (equivalent to Echinacea Purpurea 500mg)

#### Other Ingredients (Excipients)

Eugenol Colloidal anhydrous silica Hypromellose Magnesium stearate Purified water

## **Terpene Profile**



#### Eugenol

Present in cloves, basil, and cinnamon. It has soothing properties that can help reduce stress and promote a sense of calm and well-being.



# **Frequently Asked Questions**

#### What are terpenes?

Terpenes are natural compounds found in many plants, responsible for their unique scents. They offer various health benefits, including supporting the immune system and promoting overall health.

#### What is Eugenol and how does it support the immune system?

Eugenol is a terpene found in cloves, basil, and cinnamon. It has antimicrobial and anti-inflammatory properties that help support the immune system, reduce inflammation, and promote overall health.

#### What is Echinacea and how does it support the immune system?

Echinacea is a plant commonly used to boost the immune system. It helps reduce the occurrence and duration of common colds by enhancing your body's natural defence mechanisms.

#### What is Vitamin C and how doe it assist in immune support?

Vitamin C is a powerful antioxidant that supports immune function. It helps protect your cells from damage and supports the body's natural defence against illness, reducing the duration and severity of common colds.

#### What is Magnesium Glycinate and how does it contribute to overall health?

Magnesium Glycinate is a highly absorbable form of magnesium that supports various bodily functions, including immune health, muscle function, and energy production. It helps promote general health and wellbeing.

#### Why is capsule dosing helpful for these ingredients?

Capsules ensure you get a consistent and precise dose of the active ingredients each time. They protect the ingredients from air and light, keeping them potent. Plus, they're easy to swallow and convenient to take, making it simple to stick to your supplement routine.

## Will I feel any psychoactive effects from terpenes?

No, terpenes won't make you feel high. They don't have psychoactive effects like THC, which is found in cannabis. Terpenes can enhance health benefits but won't alter your state of mind.

## Can this product help reduce the symptoms of common colds?

Yes, it's designed to help reduce the symptoms and duration of common colds. The combination of Echinacea, Vitamin C, Magnesium Glycinate, and Eugenol supports your immune system, helping you recover faster.

## How long does it take to feel the effects of this product?

It varies from person to person. Some might notice an improvement in their cold symptoms within a few days, while others may need a week or more of regular use. For the best results, take ColdFX consistently as directed.

## Are there any side effects associated with this product?

It uses natural ingredients that are generally well-tolerated. However, some people might experience mild digestive discomfort or allergies. If you notice any adverse effects, stop using it and check with your doctor. It's always a good idea to talk to your healthcare provider before starting any new supplement.



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